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DECLARATION BY THE RESEARCH SCHOLAR

I, **M.NATARAJAN.**, part time scholar of Doctor of Philosophy, in Physical Education hereby declare that the dissertation entitled **“EFFECT OF ISOLATED AND COMBINED SWISS BALL AND FLEXIBILITY TRAINING ON SELECTED PHYSICAL FITNESS BIOCHEMICAL AND SKILL PERFORMANCE VARIABLES AMONG SCHOOL VOLLEYBALL PLAYERS”** submitted to Tamil Nadu Physical Education and Sports University for the award of the Degree of Doctor of Philosophy in Physical Education is my original work and it has not previously formed the basis for the award of any degree, diploma associateship, fellowship or any other similar titles to any candidate of any University.

Place : Chennai

Date :

(M. NATARAJAN)